

Please Note: The Piedmont Club Dress Code

Men: Gentlemen are required to wear a jacket at all times in all areas of the club. Ties are suggested, but not required.

Women: Suit (including business pantsuit), dress or blazer with skirt or tailored slacks, tailored pants with a blouse or sweater.

Prohibited: T-Shirts, sweatshirts, or other shirt without Collar, athletic attire, tennis shoes, shorts, jeans (regardless of value), denim jackets, untucked shirts and baseball caps.

10th Annual Health Odyssey:
A Symposium on Healthcare Issues

- Hives & Swelling
- Infection Prevention • Sleep Well & Feel Better
- Microbiome/Inflammation
- Pharmacotherapies for Sleep Debt



Thursday, March 21, 2019
7:30 a.m. – 4:00 p.m.

Registration: 7:30 a.m.
Program: 7:55 a.m.

The Piedmont Club
361 E. Main St.
Spartanburg, South Carolina 29302

Joint-Providership with



University of South Carolina
College of Pharmacy

PROGRAM DESCRIPTION

This one-day program will focus on various health issues related to everyday living. Topics to be discussed are: Angioedema & Urticaria, Pharmacotherapies for Sleep Debt, Microbiome/Inflammation, Sleeping Issues and Infection Prevention.

The goal of this program is to provide nurses, pharmacists and other interested healthcare professionals with updated information and to assist them in providing quality care to their clients.

LEARNING OUTCOMES/OBJECTIVES

At the end of the conference, the participant will be able to:

- Discuss the management of hives and swelling
- Differentiate the various pharmacotherapies used for sleep debt
- Discuss the implications of microbiome on human health and well being
- Describe components of sleeping well and feeling better
- Discuss relevant infection prevention topics in the community and those on the national scene

AGENDA (schedule is subject to change)

7:30am	Registration, Coffee	
7:55	Welcome, Introduction	
8:00	An Update on Angioedema & Urticaria	Robin Go, MD, FAAAAI, FAAAAI
9:15	Break, Networking	
9:30	Time to Pay the Sandman: The Chemical Currencies of Sleep Debt	John Tyrell, PharmD
10:45	Microbiome/Inflammation	Otis Baughman III, MD, CPE, FAAFP
12n	Lunch (Provided), Networking, Exhibits	
1:00pm	Wake Up to a Great Day	Shari Angel Newman, RST, RPSGT
2:15	Break, Networking, Exhibits	
2:30	Infection Prevention Current Events	Kathy Bryant, RN, BAEd, MSHM, CIC
3:45	Wrap-up, Evaluation	
4:00	Adjourn	

TARGET AUDIENCE

Nurses, Pharmacists, LTC Administrators, Rehab Personnel, Respiratory Therapists and Other Interested Healthcare Personnel

CONTINUING EDUCATION CREDIT

You must attend 90% of each of the educational sessions in order to receive CE credit. **INSTRUCTIONS** to complete the [On-line Program Evaluation](#) and to obtain the [CE Certificate](#) will be distributed at the conclusion of the program. [No partial credit will be awarded.](#)

Nurses: This educational activity has been awarded **6.5** contact hours.

SRHS Corporate Education is an approved provider of continuing nursing education by the South Carolina Nurses Association, an accredited approver with distinction, by the American Nurses Credentialing Center's Commission on Accreditation.

Pharmacy Accreditation



The University of South Carolina College of Pharmacy (USC COP) is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This program has been accredited for **6.5 live contact hours (0.65 CEU)** for pharmacists, ACPE 0062-9999-19-050-L04-P. In order to claim credit, participants are required to sign in, attend the entire program, and complete an on-line evaluation. This is a knowledge-based learning activity.

LTC Administrators: CE credit has been applied for.

Others: This program provides **6.5** hours of continuing education.

SPEAKERS

Otis Baughman III, MD, CPE, FAAFP

Retired

Spartanburg Regional Healthcare System

Kathy Bryant, RN, BAEd, MSHM, CIC Manager Acute Care Infection Prevention	Shari Angel Newman, RST, RPSGT Clinical Manager Regional Sleep Services
Robin Go, MD, FAAAAI, FAAAAI Allergy-Immunology Specialist	John Tyrrell, PharmD Resident Pharmacist Pharmacy Practice Post-Graduate

PLANNING COMMITTEE

Denise Logan, BSN, RN	Brandon Smith, BSN, RN
Caitlin Mardis, PharmD	Nelda M. Hope, BSN, RN

The speakers and planning committee have declared no conflict of interest. CE approval does not imply endorsement of any other product.

Speakers' Slides/Handouts (when available) will be posted on a share file website a week before the event. Please provide [clear e-mail address](#) on the registration form.

LOCATION & DIRECTIONS

The Piedmont Club
361 E. Main St.
Spartanburg, SC 29302

From Greenville on I-85, Take I-85N toward exit 48A. Keep right to I-85 BUS N. Take exit 5A for I-585S/US 176S/Pine St., toward downtown. Slight right onto I-585S/US 176E/N Pine St., continue to follow US 176E/N Pine St. Turn right onto E. Main St. The Piedmont Club will be on the left, immediately after First Presbyterian church.

From Charlotte on I-85S toward Gastonia. Keep right to continue I85 BUS S, follow signs for I 85/Spartanburg Freeway Loop. Take exit 5A for _ 585 BUS S/US 176E/N. Pine ST. – follow above directions

From I – 26 (Asheville or Columbia) Take I-85 BUS N – follow above directions.

REGISTRATION INFORMATION

Fee includes refreshments, lunch, on-line handout materials and certificate of attendance. No refunds but substitutions are accepted and encouraged.

REGISTRATION FEES

- ___ \$85.00 Others
- ___ \$75.00 SRHS associates
- ___ \$100.00 **RPh, NP for SRHS associates (for ACPE Credit)**
- ___ \$110.00 **RPh, NP for non SRHS associates (For ACPE credit)**
- ___ \$60.00 Retired Nurses and
Full-time Undergraduate Student (with ID)
- ___ \$25.00 Additional fee after March 14, 2019

On-line Registration: www.spartanburgregional.com/CEEvents

On-line Registration is closed after March 14, 2019.

Deadline for registration is **March 14, 2019.** There is a **\$25.00** additional fee after the deadline.

No confirmation will be sent but you may contact Angie Cothran at (864) 560-6282 or email: ascothran@srhs.com to confirm your registration. SRHS reserves the right to cancel this workshop if necessary. If we cancel, the full registration fee will be refunded.

ADA

SRHS is committed to complying fully with the Americans with Disabilities Act. For special needs, please call 864 560- 6282 by March 14. Please bring a sweater or a jacket for additional comfort.

ADDITIONAL INFORMATION

Registration/Directions: Angie Cothran at 864 560 6282 or

ascothran@srhs.com

Program/Contents: Nelda M. Hope @ nhope@srhs.com

You may receive future SRHS CE event information per your contact information provided.



10th Annual Health Odyssey March 21, 2019

On-line Registration for

Continuing Education Programs

As of January 2, 2019, all SRHS Corporate Education Programs will only offer On-line Registration.

**Right click on the website then click on
Healthcare Continuing Education:**

www.spartanburgregional.com/CEEvents

Our website will allow you to register for any CE program that has been posted.

For any questions, please contact Angie Cothran at (864) 560-6282 or ascothran@srhs.com.

As always, we thank you and appreciate your business.

**Spartanburg Regional Healthcare System
Corporate Education**

PO Box 4848, Spartanburg, SC 29305

(864) 560-6282

www.spartanburgregional.com/CEEvents

**The online registration for March 21 10th Annual Health Odyssey
CLOSES after March 14, 2019.**